



Supervision

We offer supervision - individually or in groups - for professionals who work with people

Supervision is an effective tool for strengthening and developing your professional knowledge, both individually and collectively as a group.

Supervision makes it possible to rise above everyday practice and acquire new perspectives and opportunities in relation to specific issues and challenges at work.

Target group

Professionals - individually or in groups - who work with people in various contexts:

- Clinical psychologists
- Industrial psychologists
- Hospital staff
- Teachers and social workers
- Public employees who see clients
- Other professionals who work with people

When is this needed?

- When there is a desire to continually work with and learn from experience
- Assistance with continuing development in the job, both professionally and personally
- When needing continuing case supervision
- Assistance with managing own as well as others' feelings in connection with the job
- Assistance with managing client types that are particularly challenging
- When groups of colleagues for instance have to manage splitting behavior

Program and duration

Scope, frequency, and content of supervision is arranged with the individual or group. It is, however, recommended to have regular meetings, for instance once a month or every other month.

Requirements and benefits

There are no specific requirements of the supervisee but the more relevant and timely the professional/personal material is that is brought into the supervision, the greater the benefits that can be achieved.

Supervisors

Experienced industrial psychologists from erhvervpsykologer.com

More information

Contact erhvervpsykologer.com for more information:
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